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CLARITY & INTENT ACTIVATION CHALLENGE

(To be after "Clearing Energy & Aligning With Source"
in Part 1 of your QiMen Manifesting Training)

NAME:

DATE:

1. NAME YOUR SACRED DESIRE

What outcome is your soul truly calling in right now? Declare it as if it already exists, and write why it feels holy, urgent, and inevitable for you to create it now.

2. FACE THE COST OF DELAY

If this desire never manifests, what will remain missing in your relationships, finances, freedom, or impact? Who else will feel the weight of your unfulfilled potential? And how much longer are you willing to live this way? How has this affected your life so far? Have you gotten used to not having?

3. EMBODY THE VISION

Close your eyes and step into the reality where this desire is already alive. How does it look, feel, and shift the way you move through your day? Capture the details that electrify your spirit and affirm: "This is already mine."

4. CALL OUT THE SHADOWS

What fears, doubts, or hidden attachments keep pulling you back? Write them down so their power dissolves in the light of awareness.

5. SUMMON YOUR DIVINE ALLIES

Which guides, practices, or guardian deities can you align with to carry this vision forward?

6. SEAL YOUR INTENTION WITH ACTION

What is one bold, sacred step you can take in the next 24 hours to declare to the Universe: "I am ready to receive"?

