THE BARBAR THE BARBAR BREAKTER BOOD

ALIGNING WITH MY AUTHENTIC SELF





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NAME

MY POWER ELEMENT

MY RISING ELEMENT

ONLY CHECK OFF TRAITS THAT ALIGN WITH YOUR POWER AND RISING ELEMENTS. IGNORE THE REST

WOOD THE INNOVATOR & BUILDER

You're a force of relentless growth, expansion, and ambition.

I love challenges – obstacles are just launchpads of my next breakthrough.
I am addicted to growth. If I'm not evolving, I'm dying.
I naturally take the lead, even when no on else steps up.
I don't wait for permission – I go first, and others follow.
I don't fear competition – I am the competition.
I play to win, and I hate losing more than I love winning.
I learn by doing, not by overthinking. Action beats hesitation every time.
I thrive in fast-moving, high-pressure environments where I can push limits.
I don't let perfectionism slow me down. Momentum is king.
I see the big picture and move strategically – everything I do compounds toward greatness.

TOTAL WOOD SCORE :





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SCORING INTERPRETATION (0-10 PER ELEMENT)

10	Fully Aligned	This element is your superpower! You naturally embody its strengths. Keep mastering and refining it.
8-9	Strong Alignment	You're highly in tune with this element, but there's room for fine-tuning. Strengthen any unchecked traits.
5-7	Moderate Alignment	You connect with this element, but inconsistently. Focus on developing the missing traits to amplify your power.
3-4	Weak Alignment	This element is present but underdeveloped. Consider whether it's a growth area or if another element is stronger.
0-2	Minimal Alignment	This element doesn't strongly influence you. If it's meant to be your Power or Rising Element, you may need to cultivate it intentionally.

NOTE:

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This score interpretation does not measure the strength of you elements but rather how well you align with your Power and Rising Element

