



# ALIGNING WITH MY AUTHENTIC SELF





NAME

MY POWER ELEMENT

MY RISING ELEMENT

ONLY CHECK OFF TRAITS THAT ALIGN WITH YOUR POWER AND RISING ELEMENTS. IGNORE THE REST



**WATER**

**THE MASTERMIND & STRATEGIST**

You navigate life with intelligence, depth and an uncanny ability to anticipate moves before they happen.

☐

I can see patterns, connections, and opportunities before anyone does.

☐

I stay cool under pressure – while others panic, I calculate.

☐

I value intelligence over noise – real power comes from knowing, not just doing.

☐

I am the one people turn to when they need clarity in chaos.

☐

I can operate the shadows, moving unseen, yet always one step ahead.

☐

I know when to wait, when to strike, and when to disappear completely.

☐

I thrive on deep conversations, intellectual debates, and unraveling mysteries.

☐

I believe emotions are important, but strategy wins the game.

☐

I don't reveal all my cards – mystery is power.

☐

When others see limitations, I see infinite possibilities.

TOTAL WATER SCORE :

/10

# SCORING INTERPRETATION

## (0-10 PER ELEMENT)

**10**

**Fully  
Aligned**

This element is your superpower! You naturally embody its strengths. Keep mastering and refining it.

**8-9**

**Strong  
Alignment**

You're highly in tune with this element, but there's room for fine-tuning. Strengthen any unchecked traits.

**5-7**

**Moderate  
Alignment**

You connect with this element, but inconsistently. Focus on developing the missing traits to amplify your power.

**3-4**

**Weak  
Alignment**

This element is present but underdeveloped. Consider whether it's a growth area or if another element is stronger.

**0-2**

**Minimal  
Alignment**

This element doesn't strongly influence you. If it's meant to be your Power or Rising Element, you may need to cultivate it intentionally.

### NOTE:

This score interpretation does not measure the strength of your elements but rather how well you align with your Power and Rising Element