

JOEY YAP'S

QI MEN MANIFESTING

THE 4-PART TRAINING
TO FIX YOUR PROBLEMS &
GET THE LIFE YOU'VE ALWAYS WANTED

THE POWER OF THE 8 DOORS IN QI MEN DUN JIA MANIFESTING



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In the art of Qi Men Dun Jia, the Eight Doors stand as potent gateways to transformation. Each door carries its unique energy, guiding us through life's stages of growth, challenge, and opportunity. Understanding the significance of these doors allows us to align our actions with the universe, ensuring that we walk a clear path toward our desired outcomes.

生門

Life Door

死門

Death Door

傷門

Harm Door

驚門

Fear Door

杜門

Delusion Door

開門

Open Door

景門

Scenery Door

休門

Rest Door



LIFE DOOR 生門

THE GATEWAY TO VITALITY AND CREATION

The Life Door pulses with vitality, brimming with new beginnings and boundless potential. It is the door of creation, the spark that ignites progress and growth. When the Life Door opens, it calls us to embrace opportunities with enthusiasm, urging us to say “yes” to fresh endeavors, ventures, and entrepreneurial pursuits. It is the moment to act boldly, driven by passion and the energy of new horizons.

KEY ACTIONS

- Begin new projects, investments, and entrepreneurial ventures.
- Seize opportunities for both personal and professional growth.
- Cultivate the energy of expansion, embracing the flow of new beginnings.



HARM DOOR 傷門

CONFRONTING ADVERSITY WITH COURAGE

The Harm Door beckons us to face the trials that lie ahead with unwavering courage. It calls for resilience, for pushing through fear and embracing the challenges that test our spirit. This door asks us to act boldly, to confront adversity head-on, and to rise above limiting beliefs. The Harm Door is not for the faint of heart; it is for those willing to forge their path, undeterred by obstacles.

KEY ACTIONS

- Confront challenges and setbacks with boldness and determination.
- Take decisive action in the face of adversity.
- Fortify your resilience and cultivate the courage to move forward despite fears.



DELUSION DOOR 杜門

CULTIVATING FOCUS, CLARITY, AND WISDOM

The Delusion Door guides us inward, to places of deep introspection and self-discovery. It is the door of mental clarity, of focus and wisdom, urging us to remove distractions and hone our concentration. In this space, we find the clarity needed to align with our deepest truths. Through study, research, and reflection, the Delusion Door illuminates the path toward personal wisdom and understanding.

KEY ACTIONS

- Focus on self-education, learning, and introspective practices.
- Eliminate distractions and create an environment conducive to deep work.
- Seek wisdom and clarity to gain greater understanding of your journey.



SCENERY DOOR 景門

STEPPING INTO THE SPOTLIGHT AND LEADING OTHERS

The Scenery Door calls us to embrace self-expression, visibility, and leadership. It invites us to step into the spotlight, to shine brightly and use our voice to influence and inspire others. Whether it's through presenting ideas, guiding teams, or mentoring those around us, the Scenery Door amplifies our presence, making our unique gifts known to the world. It is the energy of stepping up and leading with purpose.

KEY ACTIONS

- Step forward as a leader, mentor, or public speaker.
- Use your influence to inspire, motivate, and uplift others.
- Share your wisdom and guidance to leave a lasting impact.



DEATH DOOR 死門

EMBRACING THE ENDINGS THAT CREATE NEW BEGINNINGS

The Death Door symbolizes transformation through endings. It is the door that asks us to release what no longer serves us—old patterns, attachments, and situations that hinder our growth. By courageously closing one chapter, we open ourselves to the possibility of a new, more meaningful journey. The Death Door isn't about fear, but about embracing the necessary closure that makes space for new life and fresh possibilities.

KEY ACTIONS

- End old habits, relationships, and situations that no longer align with your purpose.
- Let go of emotional baggage and release negative patterns.
- Create space for new growth and opportunities by embracing endings.



FEAR DOOR 驚門

FACING RESISTANCE AND ALIGNING WITH YOUR TRUE PURPOSE

The Fear Door invites us to confront our deepest fears and inner resistances. It calls for a brave examination of the limiting beliefs that hold us back. Through introspection and courage, the Fear Door helps us to understand and transform these barriers, unlocking our true potential. As we face our fears, we align more closely with our higher purpose, creating breakthroughs that lead us toward our authentic self.

KEY ACTIONS

- Face and reflect on personal fears and limitations.
- Engage in introspective practices to overcome self-doubt and resistance.
- Align your actions with your true purpose and authentic self.



OPEN DOOR 開門

EMBRACING NEW PATHWAYS AND POSSIBILITIES

The Open Door symbolizes fresh opportunities and new beginnings. It is the door that encourages us to step out of our comfort zone and into uncharted territories. This door is about exploring new paths, taking risks, and embracing the unknown with courage. The Open Door invites us to welcome the adventure of growth, fostering a mindset of curiosity and expansion that allows us to manifest the life we desire.

KEY ACTIONS

- Pursue new challenges, adventures, and opportunities for growth.
- Cultivate a mindset of curiosity and open-mindedness.
- Embrace the unknown, stepping confidently into new endeavors.



REST DOOR 休門

THE PORTAL TO REJUVENATION AND HEALING

The Rest Door is the sacred space of renewal, healing, and rest. It serves as a gentle reminder that manifestation requires balance. Without time to recharge, our energy wanes, and our actions lose their power. The Rest Door invites us to slow down, reflect, and heal—physically, emotionally, and mentally. By nurturing ourselves, we restore the vitality needed to move forward with purpose and intention.

KEY ACTIONS

- Focus on self-care, rest, and emotional restoration.
- Engage in healing practices, nurturing both mind and body.
- Take time to reconnect with inner peace, ensuring a balanced journey ahead.

CONCLUSION

The Eight Doors in Qi Men Dun Jia manifesting are powerful guides, each offering unique energies that align with the various stages of our personal growth, challenges, and opportunities. By understanding the characteristics and actions associated with each door, we can intentionally engage with them to manifest our desired outcomes.

Each door calls us to take specific actions, to confront obstacles, to embrace new beginnings, and to close old chapters. As we move through these doors, we are not only shaping our external world but also transforming our inner landscape, creating a life that aligns with our highest potential. Embrace the wisdom of the Eight Doors and let them lead you on a journey toward an extraordinary life.